

The Grind Extension (includes Pine Grove loop + Prospect Hill/Guymard Turnpike climbs)

44.6 miles

mile	sign	turn	road	un- marked	landmarks, notes and caveats
0.0			Maryland Avenue	<input type="checkbox"/>	
0.0		L	211	<input checked="" type="checkbox"/>	
1.0		R	Ingrassia	<input type="checkbox"/>	
1.3		L	Howells Road	<input type="checkbox"/>	
2.7		R	Derby Road	<input type="checkbox"/>	
4.4		L	Van Burenville	<input checked="" type="checkbox"/>	
6.2		R	Pine Grove Road	<input type="checkbox"/>	
7.9		S	Pine Grove > Howells Tpk	<input type="checkbox"/>	
8.8		BL	Prosperous Valley	<input checked="" type="checkbox"/>	
10.9		L	Collard Road	<input type="checkbox"/>	marked Brola Road/Korn's Campground to right
11.4		R	Pine Grove Road	<input type="checkbox"/>	
12.0		BL	stay on Pine Grove at Ledge Road	<input type="checkbox"/>	
13.1		S	cross over New Vernon Road > Shoddy Hollow Road	<input type="checkbox"/>	
16.3		R	211, Village of Otisville sign	<input checked="" type="checkbox"/>	
16.5		L	Mountain Road/State (follow 211)	<input type="checkbox"/>	
16.6		R	follow 211	<input type="checkbox"/>	
18.6		L	Galley Hill Road	<input checked="" type="checkbox"/>	street sign fallen, propped by stop sign
19.5		BL	bear left	<input type="checkbox"/>	
21.2		L	209	<input type="checkbox"/>	
21.5		R	Prospect Hill Road	<input type="checkbox"/>	just after bridge, tight switch-back
22.3		C	tight curves downhill	<input type="checkbox"/>	
23.4		L	Franke Road	<input type="checkbox"/>	BIG HILL ALT: Continue Prospect to Pond Road
25.0		L	Pond Road	<input type="checkbox"/>	
26.8		L	Grange Road	<input checked="" type="checkbox"/>	marked Big Pond Road, sign turned wrong
27.0		L	209	<input type="checkbox"/>	
28.9		R	Guymard Road > Gumard Tpk	<input type="checkbox"/>	
30.0		S	start climb	<input type="checkbox"/>	
32.6		BL	top of climb	<input type="checkbox"/>	
33.2		L	CR 73 (Mountain Road)	<input type="checkbox"/>	hard left
36.3		BR	Seybolt/Mt. Hope Avenue	<input type="checkbox"/>	
36.9		L	Highland Avenue	<input checked="" type="checkbox"/>	
37.5		R	211, State Street	<input type="checkbox"/>	
37.5		BL	curve left follow 211	<input type="checkbox"/>	
37.6		R	211	<input type="checkbox"/>	
43.6		S	straight thru light	<input type="checkbox"/>	
44.6		R	Maryland Avenue	<input type="checkbox"/>	

Start: Maryland Avenue, Middletown NY (just west of intersection 17M/211)

Level: AA, A

Day: Tuesday **Time:** 5:30 PM

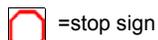
Leader: Rich Cruet

Phone: (845) 344-141 **E-Mail:**

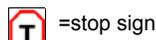
Source: Team Bicycle Doctor

Note:

Code: A=attraction BL=bear left BR=bear right
C=caution L=left R=right S=straight
>=road becomes



=stop sign



=stop sign at T intersection



=T intersection



=yield



=traffic light or flasher



=Y intersection